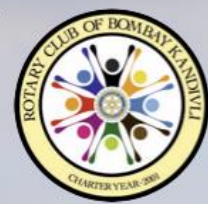




October – December 2025



HORIZON



Official Newsletter of Rotary Club of Bombay Kandivli



Glimpse of Rotary Happy Street – 9th Nov'25



RI President (RY 2025-26) **Francesco Arezzo** and First Lady **Anna Maria Criscione Arezzo** at Rotary Happy Street



October – December 2025

Dear Members,

We hope you enjoyed the first edition of the *Inspire Year*. It gives us immense pleasure to present the **Second Edition of HORIZON** of the *Inspire Year*.

In this edition, you will find updates on some of the most impactful activities of the Inspire Year, particularly **Rotary Service Week (RSW)**. Among the many highlights of RSW, the most talked-about event was **Rotary Happy Street**—do not miss the detailed article that offers valuable insights into this vibrant initiative.

This edition also features an engaging article on one of our major projects from the past, showcased in the **“Blast from the Past”** section by **PP Dr. Raj Kamal Verma**. As always, our PN Rtn. **Dr. Mamta** has beautifully captured her perspective and experiences with Rotary in her article titled **“In the Company of Good People.”**

Adding a delightful personal touch, we also bring you **two special recipes shared by our own members**.

Happy reading and continued inspiration!

Warm regards,
Editorial Team

I N D E X

Section	Content	Page
1	President's Message	03-05
2	Secretary's Message	06
3	Q2 Project update	07 - 19
4	Blast from Past	20 - 22
5	Member's Article	23 - 24
6	RCBK Ke Recipes	25 - 26
7	Club Meetings	27
8	BOD+ Team – RY 26-27	28
9	Quiz	29



Inspiration in Action – Our Journey of Service, Impact and Hope

As I present this editorial for Horizon – Quarter 2, our club magazine, during this landmark Silver Jubilee Inspire Year, I do so with a heart filled with gratitude and pride — gratitude for the opportunity to serve, and pride in what the Rotary Club of Bombay Kandivli has accomplished together in such a meaningful and impactful period.

This year began with one powerful word: Inspire. Inspire ourselves to think beyond limitations, inspire our communities to believe in positive change, and inspire future generations through purposeful and sustainable action. What followed was not merely a series of projects, but a journey rooted in vision, compassion, and collective commitment.

Turning Vision into Visible Impact

Our initiatives this year touched lives across all age groups. Through the My Tree initiatives, we instilled environmental responsibility among students, reinforcing that care for nature begins with individual action. Our E-Waste Collection Drive further strengthened this message, reminding us that sustainability is driven by conscious choices.

Healthcare continued to remain a cornerstone of our service. From Jeevandhara blood donation drives supporting Tata Memorial Hospital — including a unique drive at Andheri Metro that highlighted the role of responsible youth and working professionals as worthy donors — to eye check-up camps, cancer screening programmes, physiotherapy camps, rural health check-ups, and ongoing homeopathy medical camps, RCBK consistently reached those who needed care the most.

At the heart of service lies dignity and empowerment. Supporting the rehabilitation of Policewoman Rani Sanap with a motorised wheelchair, enabling her return to active duty, reminded us that empowerment is one of Rotary's greatest gifts. Standing beside young lives — whether supporting a child's critical heart surgery, providing education and therapies for specially-abled children at Punarwaas, or continuing educational support for our young cancer warrior, Anshikha Chaudhary — reaffirmed our belief that no child should be denied a future due to circumstances beyond their control.

Educating Minds, Empowering Futures

Education remains the most powerful catalyst for transformation. Our Digital Addiction Awareness and Cyber Safety programmes reached thousands of students across schools, equipping them to navigate the digital world responsibly. Digital Literacy and Spoken English programmes for parents extended our impact beyond classrooms, empowering families and strengthening self-confidence.

Initiatives such as Kitabon Ka Safar, support to tribal schools, study centres, skill development centres, girls' hostels, and the installation of water filters in rural village schools have helped create environments where learning can truly flourish.

Equally important has been our focus on nurturing leadership among youth. Through the installation and mentoring of Interact and Rotaract Clubs, we are shaping future leaders who will proudly carry forward Rotary's legacy of service.

Compassion that Celebrates Humanity

RCBK's heart beats strongly for the elderly and the underserved. Projects such as Annapoorna, Manav Seva, visits to old age homes and orphanages, and festive celebrations during Diwali and Independence Day were not merely acts of giving — they were moments of shared humanity, joy, and connection.

Our Rotary Service Week, culminating in the vibrant Happy Street, demonstrated what is possible when Rotary leads with unity. Thousands came together to celebrate health, culture, fitness, inclusion, and community spirit. The visit of Rotary International President Rtn. Francesco Arezzo to Happy Street was truly the icing on the cake — marking the first-ever visit of a Rotary International President to an RCBK project.

Fellowship – The Force That Binds Us

Behind every successful project stands strong fellowship. Picnics, fireside chats, musical evenings, cultural celebrations, and shared laughter strengthened our bonds and energised our service. Fellowship is not an add-on to Rotary — it is the fuel that sustains our impact.

Our fellowship visits, including the memorable Leh–Ladakh trip in August 2025 and the upcoming Tadoba National Park visit from 18th to 21st December 2025, reflect our continued commitment to bonding beyond meetings.

I am also proud to share that our two debate teams have won several accolades at the Rotary District 3141 level. Today, RCBK stands as a force to reckon with in debate competitions, and we remain committed to guiding youth — especially Rotaractors and Interactors — in the art of constructive debate and consensus building.

Leadership, Continuity and the Road Ahead

We recently concluded our Club AGM, during which the President Nominee for 2027–28 was elected, and the leadership team for 2026–27 was duly elected under the presidentship of PE Rtn. Laxman. This smooth and structured transition reflects the strength, stability, and leadership depth of RCBK.

Looking ahead, we have identified five to six large-scale, high-impact projects with long-term sustainability. To drive this vision, a dedicated Miracle Team has been formed. These ambitious initiatives will be possible only with the wholehearted support of all our members, especially our future leaders who form part of this team.

Several impactful projects are already in progress. These include the establishment of a skill development centre at Swami Vivekanand School through the donation of ten laptops for computer education under the Vedanta Foundation. Another significant initiative is the donation of bunker beds for fifty girl students at the Uchat School hostel, where the girls are pursuing vocational courses at the Aspee Children's Academy.

We have also set up a library and vocational learning centre at Khupri Village in Wada Taluka. RCBK has supported this centre with cameras and DVR systems, and it is envisioned as a focal point for villagers to acquire vocational and life skills.

A Collective Achievement

If this year has shown us anything, it is this: when Rotarians unite with a shared purpose, ordinary efforts create extraordinary impact. I express my heartfelt gratitude to our Past Presidents, Board, Avenue Directors, members, donors, partners, volunteers, and our families who stand silently yet firmly behind every success.

As we move forward, let us continue to serve with empathy, lead with integrity, and inspire through action. Let us remember that every project — big or small — carries the power to transform a life.

Together, we are not just completing projects.

We are building hope.

We are shaping futures.

We are living Rotary's promise — **Service Above Self**.

With gratitude and pride,

Rtn. Prashaant Mishra

President

Rotary Club of Bombay Kandivl



25 Years of Service, A Journey of Purpose!

As we celebrate 25 glorious years of the Rotary Club of Bombay Kandivli, we pause with hearts full of gratitude and pride. This Silver Jubilee is more than a milestone—it is a celebration of service rendered, lives touched, and friendships forged in the true spirit of Rotary.

Over the years, our club has grown not just in numbers, but in purpose and impact. Through changing times and evolving needs, one truth has remained constant—our collective commitment to serve. Every project and initiative reflects unity, resilience, and compassion.

The past six months have been especially fruitful, highlighting our work across diverse avenues of service. From digital literacy and environmental initiatives to blood donation drives, our efforts have reached many lives. We extended educational support to cancer patients and the specially abled, supported livelihood initiatives for the physically handicapped, conducted medical camps, and served with care at orphanages and old age homes. Rotary Service Week stood as a powerful symbol of working together—marked by bonding, humility, and empathy—showcasing Rotary at its best.

As Secretary, it has been deeply inspiring to witness how unity transforms intention into impact. It is truly an honor to serve as the Secretary of this esteemed club during such a landmark year. The foundation laid by our past presidents and senior Rotarians continues to guide us, reminding us that lasting legacy is built through consistency and care.

As we honor our journey so far, we look ahead with renewed enthusiasm—carrying forward a proud legacy, inspired by our past and committed to the future, always guided by Rotary’s enduring promise:

Service Above Self.

Rtn Anubha Goyal

Secretary

Inspire Year 2025–26

“True happiness is discovered not in what we receive, but in what we give – this is the spirit of Rotary.”



3

Q2 Project Update

Project 1 : Sponsorship for Specially Abled Children

Impact : 6 beneficiaries • 5 Rotarians • 10 man-hours.

Date : 01 October 2025



Rotary Club of Bombay Kandivli reaffirmed its commitment to inclusive education by sponsoring the complete annual academic and therapeutic needs of **six specially-abled children** at Punarvas Special School, Goregaon. The support covered school fees, occupational therapy, and specialised interventions, ensuring continuity of care and learning. This compassionate initiative was made possible through the generous support of Club Secretary Rtn Anubha Goyal and fellow Rotarians, offering dignity, stability, and hope to young lives.

Project 2 : RCBK Supports a Young Cancer Warrior

Impact : 1 beneficiary • 6 Rotarians • 3 man-hours.

Date : 03 October 2025



RCBK continued its unwavering support for **Anshika Dilip**, a courageous Class 11 student battling cancer for the past four years. For the fourth consecutive year, the club ensured her education remained uninterrupted by sponsoring her full academic fees. The cheque handover at her school symbolised Rotary's belief that no child's dreams should pause due to illness or hardship.

3

Q2 Project Update

Project 3 : Ration Distribution at Rustom Orphanage, Kalyan

Impact : 18 beneficiaries • 3 Rotarians • 9 man-hours.

Date : 09 October 2025



As part of its child-welfare initiatives, RCBK donated **one month's essential ration** to Rustom Orphanage, Kalyan, supporting the nutritional needs of 18 resident children. The supplies included grains, pulses, oil, and daily essentials, ensuring food security with dignity. Rotarians personally supervised procurement and distribution, reinforcing Rotary's hands-on approach to service.

Project 4 : Medical Health Check-up Camp – Suponde Village, Wada

Impact : 80 beneficiary • 8 Rotarians • 96 man-hours.

Date : 11 October 2025



A comprehensive preventive health camp was conducted in **Suponde Village**, addressing limited access to diagnostic facilities in rural areas. Adults and children underwent tests such as CBC, blood grouping, and blood sugar screening to enable early detection of health issues. Sponsored entirely by Rtn Dr. Dimple Sinha, the camp strengthened healthcare awareness and encouraged timely follow-up treatment.

3

Q2 Project Update

Project 5 : Installation of Water Filters in Village Schools

Impact : 400 beneficiaries • 8 Rotarians • 96 man-hours. Date : 11 October 2025



To promote safe drinking water and student well-being, RCBK installed **five water filters** across Zilla Parishad schools in nearby villages. This initiative significantly improved access to clean water for schoolchildren, contributing to better health and hygiene. Community leaders and Rotarians attended the installation, highlighting collaboration for sustainable impact.

Project 6 : From Fabric to Freedom

Impact : 18 beneficiary • 1 Rotarian • 6 man-hours. Date : 11 October 2025

As part of its ongoing Women Empowerment Project, Rotary Club of Bombay Kandivli, in association with Inner Wheel Club of Bombay Kandivli, organised Empowered Women – From Fabric to Freedom. The initiative focused on collecting reusable fabric waste—such as sarees, bed sheets, dupattas, curtains, and towels—which were repurposed to empower women from rural communities by providing livelihood opportunities. Through skill-based upcycling and sustainable practices, the project promoted dignity, self-reliance, and environmental responsibility, reinforcing Rotary’s commitment to inclusive and sustainable community development.

3

Q2 Project Update

Project 7 : Kaapad Recyclothon

Impact : 100 beneficiaries • 4 Rotarians • 50 man-hours. Date : 15 October 2025



RCBK achieved a record-breaking collection of **1029 kg of reusable fabric**, supporting sustainability and livelihood creation. Donated sewing machines and stitching training helped empower women in remote areas, converting waste into opportunity. The project showcased how environmental responsibility and social upliftment can go hand in hand.

Project 8 : Diwali Celebrations – Dongaste Village

Impact : 83 beneficiary • 5 Rotarian • 50 man-hours. Date : 19 October 2025



RCBK celebrated Diwali with the tribal community of **Dongaste Village** by distributing sarees and sweet boxes to Adivasi widows. The initiative brought festive warmth, dignity, and emotional support, reflecting Rotary’s belief that celebrations are most meaningful when shared with those in need.

3

Q2 Project Update

Project 9 : Diwali at Manav Seva Trust Vruddhashram

Impact : 83 beneficiaries • 4 Rotarians • 24 man-hours. Date : 19 October 2025



The festival of lights was celebrated with elderly residents of Manav Seva Trust Vruddhashram through the distribution of festive clothing and sweets. Rotarians spent quality time interacting with seniors, creating moments of joy, connection, and belonging.

Project 10 : Plastic & E-Waste Collection Drive

Impact : 50 beneficiary • 2 Rotarian • 10 man-hours. Date : 19 October 2025



As part of the district-level “Give to Gain” initiative, RCBK organised a plastic and e-waste collection drive with support from Inner Wheel Club and residential societies. The project promoted responsible disposal and environmental awareness while contributing to Rotary Foundation causes.

3

Q2 Project Update

Project 11 : Diwali Celebration at Anandvan

Impact : 25 beneficiaries • 5 Rotarians • 25 man-hours. Date : 25 October 2025



RCBK celebrated Diwali with residents of **Anandvan Wellness Centre**, including elderly and psychiatric patients. The simple gathering fostered warmth, inclusion, and emotional connection, reinforcing Rotary’s commitment to mental health and senior care.

Project 12 : Diwali Donation Drive – Sai Aadhar Ashram

Impact : 40 beneficiary • 2 Rotarian • 10 man-hours. Date : 01 November 2025



A Diwali donation drive was conducted at Sai Aadhar Ashram, providing hygiene essentials and daily-use items to children. The initiative ensured both festive joy and practical support, promoting health, dignity, and well-being.

3

Q2 Project Update – RSW (Rotary Service Week)

RSW 1 : Eye Care Camp

Impact : 100 beneficiaries • 4 Rotarians • 50 man-hours. Date : 01 November 2025

During Rotary Service Week, RCBK supported a large-scale eye care camp offering screenings and medical support to hundreds of beneficiaries. The initiative brought together doctors, volunteers, and Rotarians, demonstrating the power of coordinated healthcare service.



RSW 2 : Cybercrime Awareness Session

Impact : 95 beneficiary • 13 Rotarian • 36 man-hours. Date : 03 November 2025



Experts led a comprehensive cyber-safety session focusing on fraud prevention, digital security, and online awareness—especially for seniors. Live demonstrations and interactive discussions reinforced the message that awareness is the first step toward safety.

3

Q2 Project Update – RSW (Rotary Service Week)

RSW 3 : Blood Donation Camp

Impact : 78 beneficiaries • 6 Rotarians • 32 man-hours. Date : 04 November 2025

Held at a high-footfall metro location, this blood donation camp mobilised donors and volunteers to save lives. The initiative highlighted Rotary’s ability to bring healthcare directly to the community.



RSW 4 : Senior Citizen Celebration

Impact : 45 beneficiary • 2 Rotarian • 12 man-hours. Date : 06 November 2025



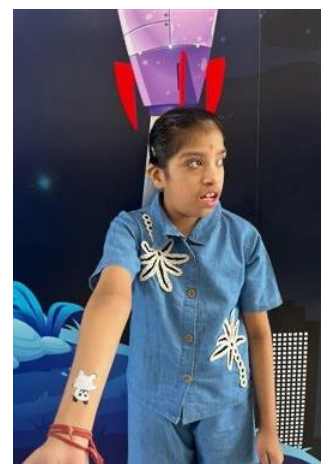
Senior citizens at Anandvan Wellness Old Age Home enjoyed a joyful day filled with music, dance, games, and laughter. The event brought emotional relief and companionship, reminding seniors they are valued and cherished.

RSW 5 : Specially Abled Children

Impact : 107 beneficiary • 2 Rotarian • 12 man-hours. Date : 08 November 2025



This inclusive event celebrated the talents and abilities of specially-abled children through performances and interaction. The visit offered Rotarians a humbling insight into the school’s infrastructure, vision, and commitment to empowerment.



RSW 6 : Rotary Happy Street

Impact : 78 Rotarians • 20 Retractors • 2000 man-hours. Date : 09 November 2025

The Rotary Club of Bombay Kandivli (RCBK) proudly led the vibrant and high-energy Happy Street 2025, transforming the bustling road into a festive, vehicle-free zone dedicated to fitness, wellness, creativity, and community engagement. As the lead host club, RCBK—supported by co-host clubs of Rotary District 3141—created a memorable morning filled with enthusiasm, participation, and unity. The event witnessed an overwhelming response, with over **5000 community members** joining to celebrate health and happiness. The morning began with the resonant beats of Dhol/Tasha along with traditional Trumpet and Lazim Dance creating a grand and festive welcome for the **Rotary International President, the District Governor, District Dignitaries, Presidents of co-host clubs, and Patron Clubs**. The occasion was magnified with the visit by Rotary International President and District Governor 3141 along with a host of district dignitaries.



Project 15 : School Mental Health Workshop

Impact : 65 beneficiaries • 3 Rotarians • 6 man-hours. Date : 03 November 2025



An interactive mental-health workshop addressed emotional regulation, self-confidence, peer relationships, and healthy boundaries among students. The sessions encouraged open dialogue and emotional awareness, equipping children with essential life skills.

Project 16 : Breast & Cervical Cancer Screening Camp

Impact : 150 beneficiary • 5 Rotarian • 25 man-hours. Date : 05 November 2025

RCBK partnered as co-host in a women's health screening camp, facilitating early detection of breast and cervical cancer. The professionally organised initiative extended vital preventive healthcare services to underserved women.



Project 17 : Vocational Awards (Unsung Heros)

Impact : 150 beneficiary • 5 Rotarian • 25 man-hours. Date : 05 November 2025



Dr. Manish Motwani, District Governor (3141), invited all Rotarians with your family — Club Members, Prospective Members, Inner Wheel, Rotaractors & Award Nominees — to celebrate our Unsung Heroes! Our club had given Nominations of 4 candidates for this award.

Project 18 : Rotary Study Centre – Khupri Village

Impact : 1000 beneficiaries • 2 Rotarians • 16 man-hours. Date : 29 November 2025

A modern, air-conditioned Rotary Study Centre was inaugurated in Khupri Village, equipped with a library, computers, and digital learning tools. Expected to benefit over 1,000 learners, the centre will serve as a long-term educational and vocational hub for the community



Project 19 : Homeopathy Medical Camps (Ongoing Project)

Impact : 88 beneficiary • 4 Rotarian • 12 man-hours. Date : 05 November 2025

RCBK continued its regular Homeopathy Medical Camps at Anjuman School, offering accessible healthcare and holistic treatment to community members. These camps remain a vital part of the club's ongoing health outreach efforts.



Project 20 : Standing by in Times of Need – Supporting Master Wasi Danish Khan

Impact : - 1 beneficiary • - 2 Rotarian • 4 man-hours. Date : - Oct-Dec 2025

Master Wasi Danish Khan, a special child from Punarvas School, has been under the care of Rotary Club of Bombay Kandivli since 2020–21, with continued support for his education and therapy.

In December 2025, Wasi required urgent surgery at Millat Hospital, Jogeshwari. Upon receiving a late-night request for help from his mother, PP Rtn. Jyoti Gandhi immediately reached out to Club Secretary Rtn. Anubha Goyal, who graciously extended financial support despite being out of town.

The timely assistance ensured the successful completion of the surgery on 26th December, reflecting Rotary's unwavering commitment to compassion and service.



Project 21 : Adult Literacy: 8-Week Adult Spoken English Program**Impact : 11 participants • 3 course completions • 2 Rotarians • 32 man-hours****Completed – 6th Dec'25**

Rotary Club of Bombay Kandivli successfully conducted an **8-week Adult Spoken English Program** in association with **St. Theresa High School, Jogeshwari East**, aimed at empowering women with basic communication skills and confidence. The program primarily benefited mothers of students, enabling them to engage more effectively in daily and educational interactions.

The sessions were conducted by **R/Ann Shashi Mehta**, whose practical and encouraging approach helped participants overcome hesitation and build confidence. Despite personal constraints, three participants successfully completed the course, reflecting strong commitment and determination. The initiative was ably supported by **Rtn. Theresa Almeida, Ms. Uma Rikame, and Rtn. Sonal A. Doshi**, ensuring smooth execution from start to finish.



19–20 December 2025 | Gundecha Education Academy, Kandivli

Career Catalyst – Edufest 2025 was a two-day career guidance initiative jointly organised by the **Interact Club of Gundecha Education Academy, Rotary Club of Bombay Kandivli, GEAK-ECPTA, GEAK Alumni, and Educompass**. The event was designed to help students and parents gain clarity and confidence in making informed career choices through expert guidance and meaningful interaction.

The Edufest featured engaging sessions, panel discussions, and interactive workshops led by professionals from diverse fields. Speakers included **Ms. Rhea Chakravarty**, who highlighted the connection between mathematics and creative disciplines, **Ms. Nitu Joshi** from the Gemological Institute of America who introduced careers in gemology, and **Ms. Michelle Roberts**, who spoke about the impact of grooming and hairstyling in professional life. Students also interacted with representatives from leading institutions such as **NABA Italy, Amity University, Thakur College of Engineering & Technology, Whistling Woods International**, and several international universities including **York, Illinois Tech, Bristol, and Aberdeen**.

The event was open to students beyond the host institution and witnessed enthusiastic participation from both students and parents, who actively engaged in Q&A sessions and career discussions. Rotarians **Rtn. Anubha Goyal, Rtn. Lalit Agarwal**, author **Ms. Shashi Dip**, along with principals and educators, visited and supported the initiative.



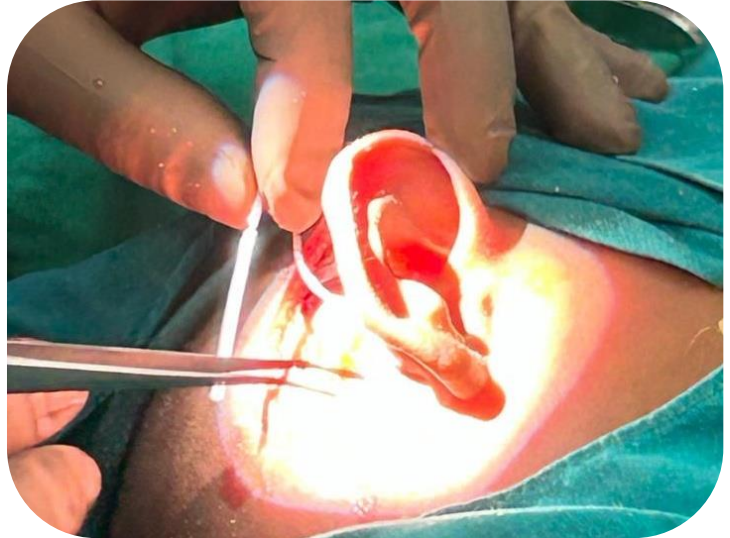
Career Catalyst – Edufest 2025 truly embodied its vision of helping young minds explore opportunities, gain clarity, and take confident steps toward their future—proving that *the best way to predict the future is to create it*.

A Mission for Hearing & Speech

What began as a casual conversation with Dr. Christopher De Souza, a globally renowned ENT surgeon and author, evolved into a life-changing initiative to restore hearing and speech for children born with congenital deafness in India. This mission has not only transformed the lives of these children but has also highlighted the power of collaboration and perseverance in overcoming societal challenges.

The Challenge

In India, approximately 1 in 1000 children are born with congenital deafness, which, if untreated, often results in speech impairment. This condition affects nearly 100,000 children annually. Most of these children belong to financially underprivileged families, making access to treatment nearly impossible.



The most effective solution is cochlear implant surgery, a procedure that costs around ₹8 lakhs per child. However, the challenges don't end with surgery. 6-12 months of intensive speech therapy is critical for the child to learn to hear and speak, requiring consistent follow-up and active parental involvement. The high cost of surgery, paired with the long-term rehabilitation, makes it a daunting challenge for families and a tough sell for CSR funding, as corporates often prioritize short-term, measurable results.

The Breakthrough

Dr. Christopher De Souza, a double FRCS and an internationally acclaimed ENT expert, offered his services at nominal charges, while hospital costs were subsidized. This allowed the project to focus on securing the ₹31 lakhs needed to support 4 children.

Despite the hurdles, President Elect Lakshman's expertise in drafting a compelling CSR proposal proved pivotal. His efforts secured the ₹31 lakhs required through a corporate CSR grant, ensuring the project could move forward. This funding marked a significant step in making the dream of hearing and speech a reality for these children.

The Journey

After rigorous due diligence, 4 children were shortlisted for the cochlear implant surgery. The first surgery was successfully performed on April 6, and all 4 children have since recovered well. Their parents have committed to the critical post-surgery speech therapy, ensuring the best possible outcomes for their children.

This initiative was made possible through the unwavering support and teamwork of:

- ❑ Dr. Christopher De Souza and the ENT team at Lilavati Hospital.
- ❑ President Elect Laxman Prasad, for securing the necessary funds.
- ❑ Rotary Club of RCBK, including then-President Mahendra Modi, Director of Community Services (Medical) Dr. Neeta Dodwad, Past Presidents S. Ravichandran and JP Rathi, and Rotarians Shakti and Meenu Verma, for their invaluable support and participation.



Key Learnings

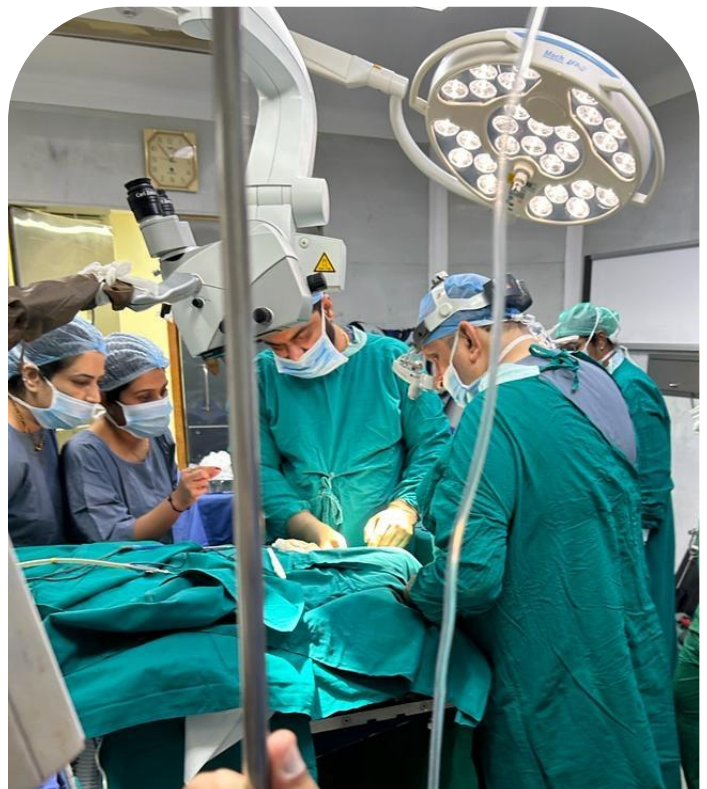
1. **Crafting Effective Proposals:** CSR funding requires precise, data-driven proposals that clearly outline the long-term impact of the project, addressing potential concerns about sustainability and follow-ups.
2. **Due Diligence is Crucial:** Learning from similar projects and conducting thorough evaluations ensures better risk management and success rates.
3. **Documentation and Follow-Up:** Maintaining detailed records and ensuring families adhere to post-surgery care, such as speech therapy, are vital for the success of such initiatives.

This project has shown that teamwork, persistence, and compassion can create lasting change. By restoring hearing and speech, the initiative has given these children a chance at a brighter future, proving that no challenge is insurmountable when individuals come together for a shared cause.

A heartfelt thank you to all the contributors and supporters of this transformative mission. Together, we can continue to change lives and bring hope to many more children in need. Looking forward to conceptualizing and executing many more such challenging projects in the Rotary's Focus Area - Disease Prevention and Treatment.



PP Rtn Dr Raj Kamal Verma



Medical Team at Work



I don't know when exactly Rotary became a part of my life in a real way.

Like actually part of it — not just a meeting or a project or a club. Maybe it was the first time I travelled to a place where people had so little and still smiled so easily.

Or maybe it was when I saw a child hear for the first time and for a moment everyone in that room forgot their own problems. Or maybe it began much earlier, when I myself needed strength and didn't know where it would come from.

Life has been... life. It has given me everything — good, bad, beautiful, brutal — sometimes all in the same year. Maybe that's why I've always had this quiet feeling that I must give back. Not because it looks noble. But because it feels necessary — almost like closing a loop.

I've seen suffering too closely as a doctor. I've experienced it personally as a patient. I've rebuilt myself more than once — as a woman, as a mother, as an entrepreneur. You don't go through all of that and come out untouched. Something shifts. Something softens. Something sharpens.

And in Rotary, I found people who had gone through their own battles and still chose compassion. Not the loud kind. The steady kind.

That's what stayed with me.

Not the projects. Not the numbers. Not the "impact reports." But the small real moments when you think: Human beings can be incredible when they want to be.

Like walking into Manav Seva and seeing elders who know they are not forgotten. Like seeing a child in an Adivasi school proudly show you a bed that is actually theirs. Like meeting an adult woman learning English and realising she has waited decades for someone to simply believe she could learn. Like watching a Rotarian donate platelets as if it's the most normal thing to do on a weekday. Like watching people come together not for credit, not for visibility — but because it's the right thing to do.

These moments don't make news. But they make meaning. And meaning is rare these days.

I think what Rotary has really taught me — quietly, without ever saying it — is that collective goodness is stronger than individual brilliance. We all carry some strength alone, yes. But together, we carry the weight of entire communities.

Maybe that's why I never see Rotary as "giving." It feels more like joining hands with people who want the same thing — a slightly better world than the one we received. And I know this sounds simple, maybe even idealistic, but it is the truth: It matters who you walk with.

And I have walked with some really good people here.

Rotary gives you that. Not perfection. Not applause. But a certain kind of companionship — where work feels lighter because everyone is willing to lift a corner.

If I had to say why I continue, even when life is busy and full, it's this: Rotary reminds me of the part of myself I never want to lose — the part that still believes goodness has a place. And in a world where people are exhausted, angry, or simply distracted, maybe that reminder is enough.



PN Rtn Dr. Mamta Jain

Sabudana (Sago) Fruit Custard... *vrat-friendly, creamy, custard-like dessert.*

Ingredients

For the Custard Base

- ✓ Full cream milk - 2 cups
- ✓ Cardamom powder - ½ tsp
- ✓ Saffron strands - a pinch (optional, for aroma & color)
- ✓ Sugar - as per taste
- ✓ Cornflour OR Arrowroot - 1 tbsp (to thicken the milk)
- ✓ Sabudana & Nuts
- ✓ Sabudana (Sago) - ¼ cup Water to soak sabudana
- ✓ Makhana - a handful
- ✓ Almonds - a few (sliced/chopped)
- ✓ Cashews – optional



Fruits (choose any combination)

- ✓ Banana - 1 (sliced)
- ✓ Apple - 1 (chopped)
- ✓ Pomegranate - ¼ cup
- ✓ Mango - ½ cup (diced, seasonal)
- ✓ Grapes - a handful (halved)
- ✓ Add fruits what u like.

Preparation Steps

1. **Sabudana Preparation:-** Wash sabudana 2-3 times. Soak it in enough water for 30-40 minutes (or till it blooms). Boil in a pan for 5-7 minutes until it becomes transparent & soft. Strain and keep aside.
2. **Roast Makhana:-** Heat a pan and dry roast makhana until crisp. Crush slightly or keep whole (your choice).
3. **Make the Custard Milk Base:-** Heat 2 cups milk in a pan. Add sugar as needed. Add cardamom powder and saffron. Mix 1 tbsp cornflour/arrowroot with 2-3 tbsp cold milk to form a smooth paste (no lumps). Pour this paste into the hot milk while stirring continuously. Cook on low flame until the milk becomes slightly thick and creamy.
4. **Add Sabudana and Nuts:-** Add boiled sabudana to the thickened milk. Mix in roasted makhana, almonds, cashews. Cook for 2-3 minutes more so everything blends well. Turn off flame and let it cool completely.
5. **Add Fruits:-** Once the mixture is cooled to room temperature (not hot):- Mix in your choice of fruits: banana, apple, grapes, mango, pomegranate. Mix gently. Serving Chill for 1-2 hours for best taste. Serve cold. Garnish with fruits and nuts on top.



Rtn Meenu Verma

Tips

- ❖ Always add fruits after cooling to prevent curdling.
- ❖ If using banana, add just before serving to avoid darkening.
- ❖ You can adjust thickness by adding a little milk if it becomes too thick.

Crispy Karela...



Preparation Step

1. Take one karela, chopped it in small pieces, add salt and keep aside till karela leave it's water.
2. Take karela in hand, press it well to remove all water out of it.
3. Fry it in medium hot oil for some time then fry till golden brown colour on small flame.
4. Make it crispy. Take out.
5. Sprinkle paper power or red chilli powder or sugar powder on it as per your own taste and enjoy it with your family and friends.



Rtn Kalpana Menon

I am sure who have not touched karela they will also start to have it. My experience 😊

7

Club's Meetings (October – December)

Meetings #	Date	No. of Attendees			Remarks	
		Members	Guest	Total	Speaker	Topic
1	5th Oct	27	0	27	Rtn Prakash Pradhan Rtn SB Prasad	Membership Orientation Programm
2	12th Oct	51	0	51	Club Meeting	
3	26th Oct	35	0	35	Club Meeting	
4	16th Nov	32	0	32	Club Meeting	
5	18th Nov	14	3	17	Rtn.SB Prasad Rtn.Jyoti Gandhi	Fireside Meeting
6	30th Nov	31	3	34	Club Meeting	
7	14th Dec	61	4	65	Annual General Meeting	



Advisors & CLF		
1	Club Mentor	Rtn Dr Prakash Pradhan
2	Club Advisor	Rtn S B Prasad
3	Advisor - Governance	Rtn Yusuf Lanewala
4	Advisor - Medical Services & Large Medical Projects	Rtn Raj Kamal Verma
5	Club Learning Facilitator (CLF)	Rtn Ravichandran
Office Bearer		
1	President	Rtn Laxman K Prasad
2	Immediate Past President	Rtn Prashant Mishra
3	President Elect	Rtn Dr Mamta Jain
4	Vice President	Rtn Sandhya Shetty
5	Secretary	Rtn Sonal Doshi
6	Treasurer	Rtn Pragnesh Sadrani
7	Sergeant-At-Arms	Rtn Sunit Shah
Project Chair		
1	Project Chair – Community Service Rural	Rtn Swatantra Kumar
2	Project Chair – Recycle	Rtn Kalpana Menon
3	Project Chair – Annapurna	Rtn Archana Dalal
4	Project Chair – Eye Care & Rural Health	Rtn Neeta Dodwad
5	Project Chair – Organ/Skin Donation	Rtn Sunil Chaurasia

Directors		
1	Director – Club Service	Rtn Jay Makhija
2	Director – Vocational Service	Rtn Mamta Jain
3	Director – Community Service Medical	Rtn Dr. Dimple Sinha
4	Director – Community Service Non-Medical	Rtn Shakti Awasthi
5	Director – Old and Orphanage Home	Rtn Mahendra Modi
6	Director – Youth Service	Rtn Meenu Verma
7	Director – TRF & International Service	Rtn Jyoti Gandhi
8	Director – CSR	Rtn Vijay Agarwal
9	Director – New Membership	Rtn Sat Prakash Gupta
10	Director – Member's Engagement	Rtn Jatin Lakhani
11	Director – Environment	Rtn Shikha Nair
12	Director – Public Image & E Admin	Rtn Atul Ghadigaonkar
13	Director – Fellowship	Rtn Deepa Goenka
14	Director – Events, Awards & Citations	Rtn Lalit Agarwal



1. In India, approximately ____ (fill the blank) in 1000 children are born with congenital deafness.
2. How many water filter given to Zila Parishad School?
3. Qty of fabric collected in Kaapad Recyclothon?
4. No of community members participated in Rotary Happy Street?
5. Who has conducted adult literacy session?
6. How many children were undergone cochlear implant surgery?
7. No of beneficiary for health check camp held at Suponde village?
8. Every year in which village RCBK celebrate Diwali with the tribal community?
9. Name of district initiative for Plastic and e waste collection drive?
10. Date of installation ceremony for RY2026-27 Board.
11. Who has written article 'In the Company of Good People'?
12. In which village Rotary Study Center was inaugurated?

Rotary Club of Bombay Kandivli

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Facebook: <https://www.facebook.com/groups/rotaryclubofborivalikandivli>

YouTube: <https://www.youtube.com/@RCBKandivli>